

# Love Alchemy Framework

## Power Couples / Archetypes

Lover/**Muse**

King/**Queen**

Warrior/**Inner Mother**

Magician/**Wise Woman**

**Grounded in God / Divine  
Consciousness / Divine Masculine  
(non religious)**

All Loving, Presiding,  
Providing & Supporting Force.

**Divine Child**  
is held, seen & loved

**Divine / Empowered  
Masculine & Feminine Energy**

Passionate, Calm, Present, Strong,  
Disciplined, Compassionate,  
Committed, Powerful, Truth Telling,  
Mindful, Confident, Manifesting,  
Alchemising, Legacy Making, Loving,  
Receiving, Transformational, Thriving.

## Versus

## Sabotaging Behaviours

Objectification / Manipulation /  
Manipulated / Abusive / Abused /  
Abandoned / Rejecting /  
Emasculating / Critical / Addictive  
/ Martyrdom / Rescuing / Needy  
/ Co-dependent / Perfectionistic /  
In-Authentic / In-decisive

## Patriarchy

(Shadow Masculine System  
broken, toxic, corrupt)

### SHADOW ARCHETYPES

The 4 Fear Based Primitive Selves in  
Everyone: The Prostitute, The Child,  
The Victim/Bully, The Saboteur.

Carl Jung

**The Divine Child is berated & ignored**

## Sabotaging Behaviours

Passive / Weak / Avoidant / Repressed /  
Tyrannical / Bullying / Controlling /  
Domineering / Apathetic / Aggressive /  
Defensive / Self-righteous / Narcissistic  
/ Deceitful / Dismissive / Lazy /  
Irresponsible / Unreliable /  
Untrustworthy

<p><b>POWER ARCHETYPES</b></p> <p><b>Masculine – Doing</b> <b>Feminine - Being</b></p>	<p><b>LOVER &amp; MUSE</b> Values, Standards, Desires. Relationships. Love. Joy.</p>	<p><b>SOVEREIGN – King &amp; Queen</b> Commitment. Truth. Rules. Blesses the Divine Child (the dream). Devoted to the Vision. Mission. Business.</p>	<p><b>WARRIOR &amp; INNER MOTHER</b> Health, boundaries, body, resources, money, compassion, love.</p>	<p><b>MAGICIAN &amp; WISE WOMAN</b> Wisdom, Knowing (&amp; not knowing), Present moment, Intuition, Alchemy, Magic, Transformation, Light &amp; Darkness, Submission.</p>
<p><b>Feeling Tones &amp; Qualities</b></p> <p><b>When you are embodying these archetypes you will FEEL your own version of these qualities.</b></p> <p><b>You will KNOW them in your body.</b></p>	<p>Unattached / embodied desire / internal NO to abandonment of self / internal YES to integrity with self i.e. values / Grounded in body in relation to above / Sexual energy / Passion / Confidence / Self Worth / Loving / Joyful.</p>	<p>Internal ‘No’ to Lies &amp; fear / Internal ‘YES’ to Truth, Truthful expression &amp; the vision / I know who I am &amp; THE Truth &amp; I commit to that / Grounded in body in relation to above / Confidence / Decisiveness / Assertion / Integrity / Lifeforce / Calm / Benevolent / Commanding.</p>	<p>NO to victim hood &amp; narcissism &amp; limitation / YES to Infinity, Space i.e. the Quantum field (can expand within &amp; beyond the bodily field), Abundance / Expansion / Present / Grounded in body in relation to above / Confidence / Focused / Disciplined / Strong / Compassion / Love.</p>	<p>Wonder / Awe / Anticipation of Magic &amp; the Unknown / Mystery / NO to chasing &amp; fear based ‘futurizing’ / YES to manifestation NOW &amp; taking responsibility for intuitional wisdom / Grounded in body in relation to above / Confidence.</p>

<b>POWER ARCHETYPE</b>	<b>LOVER / MUSE</b> (Relationships)	<b>SOVEREIGNS – KING / QUEEN</b> (Mission/Business)	<b>WARRIORS - WARRIOR / INNER MOTHER</b> (Health, boundaries, resources)	<b>ALCHEMISTS - MAGICIAN / WISE WOMAN</b> (transformation, growth)
<p><b>Truth Sayings (examples)</b></p> <p><b>Specific Feminine archetypal sayings in pink.</b></p> <p><b>Specific Masculine Archetype sayings in blue.</b></p> <p><b>Sayings in black – common to both archetypes.</b></p>	<p>I act in accordance with my desires, values &amp; standards. I value myself. I REFUSE to abandon myself. I love &amp; accept myself no matter what. I desire. I value. This is my standard.</p> <p>I can &amp; will afford. I am aliveness &amp; joy. I choose to be worthy. I enjoy beauty, nature, life in all its forms.</p> <p><b>I am open to receive. I inspire. It all starts with me choosing me. I ‘meet’ her.</b></p>	<p>I act in accordance with THE truth. I REFUSE to compare myself or wait for permission to live my dream. I make the rules for me. I make the decisions.</p> <p>I AM. I know who I am. I DECREE (that THIS IS the vision).</p> <p>I choose /decide to.</p> <p>I give myself permission. I act with integrity for myself &amp; for others. No shadow/person has power over me.</p>	<p>I act in accordance with Quantum &amp; Infinite possibilities. I REFUSE to be a victim, or give my power away to my own &amp; others bullies. I am abundance. <b>I am compassion. I can hold ALL emotions.</b></p> <p><b>I Create Space. I WILL take action according to the wisdom of my Magician &amp; the instruction of my King. I can adapt my boundaries &amp; act with compassion.</b></p>	<p>I act in accordance with THE NOW! I refuse to be perfect. I know what to do &amp; when to do it. I am response-able. <b>I KNOW. I am a master of time. I create magic out of nothing in the moment. I am my King’s advisor. I am willing to look a fool. I submit to not knowing. I rest. I go dark. I create new life. I DON’T KNOW. I choose DEEP REST not ‘depressed’.</b></p>

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<p><b>Truth Sayings (examples)</b></p> <p><b>Specific Feminine archetypal sayings in pink.</b></p> <p><b>Specific Masculine Archetype sayings in blue.</b></p> <p><b>Sayings in black – common to both archetypes.</b></p>	<p>My safety &amp; security comes from within me. I do not need to follow the herd.</p> <p>My relationship is a piece of art. I am unique. I cannot be rejected. I will not modulate my true self expression. I am willing to afford time, energy &amp; money for my relationship. I am willing to be vulnerable. I am willing to have a voice. No shadow/person has power over me.</p>	<p>I am my own source of power &amp; I don't care what others think of me as I choose to act in full integrity with myself. I am my own authority.</p> <p>I take full responsibility for my emotional, physical &amp; mental well-being. I commit fully to bringing my desires, values &amp; dream into reality in my relationship. My word is law. I respect myself. I command.</p>	<p>Resources, money, love, connection, freedom come from me not to me. Nothing, or no-one (or no shadow) has power over me. I am not available for... (narcissism, bullying etc). I will protect &amp; fight in honour of my King &amp; Queen &amp; their vision. I keep my word. I am un-flappable. <b>I will do whatever it takes. I will be with whatever comes up.</b></p>	<p>I don't need to defend, explain or validate. I don't have to see how it will all work out. I don't need to know how or see the way, right now. I trust myself implicitly in the moment. Time is within me. There are no mistakes only learning. No shadow/person has power over me.</p>

POWER ARCHETYPES	LOVERS (Relationships)	SOVEREIGNS (Mission/Business)	WARRIORS (Health, boundaries)	ALCHEMISTS (Present moment, intuition)
<b>Stands Against</b>	Addiction; Impotence; Approval Seeking, Abandoning of Self, Desire & the dream; Looking for evidence of love; Objectification; Chasing; Anxiety; Manipulation; Seduction; Neediness; Neglect of self; Getting it 'right' in avoidance of what partner might think; Fake 'surface' beauty & looks.	Entitlement, Power Abuse, Hatred, Insecurity, Jealousy, Envy, Fear of abandonment, Comparison, Vindictiveness & Making fun of, Paranoia, Disempowerment, Egoism, Grandiosity.	Narcissism, Abuse, Control, Victim Hood, Destruction, Masochism, Sadism, Repression, Denial, Dismissal, Passive Aggression, Contempt, Criticism, Defensiveness.	Common Sense, Over thinking, Perfectionism, Rule abiding (for the sake of it), Doing the 'right' thing, No room for error, Worry, Boredom, Future based projection, Manipulation of & holding back knowledge. Arrogance, Cynicism, Pessimism, Binary perspectives, 'knowing' it all. Needing to understand.

<b>POWER ARCHETYPES</b>	<b>LOVERS (Relationships)</b>	<b>SOVEREIGNS (Mission/Business)</b>	<b>WARRIORS (Health, boundaries)</b>	<b>ALCHEMISTS (Present moment, intuition)</b>
<b>Stands FOR</b>	Desires, Values, Standards, Love, Joy, Aliveness. Being real & authentic. Life in all its forms. Being present. Expression.	Truth, Power, Peace Responsibility, Devotion – acts out of responsibility for kingdom whilst owning his desires. Integrity. Legacy.	Unlimited resources - Support, Cash, Clients, Love, Opportunities, Possibilities, Space, Energetic mastery, Discipline, Boundaries, Willpower, Adaptability, Compassion.	Magic, The Now, Alchemy, Genius, Darkness, ‘Knowing’. Not knowing. Transformation.
<b>Similarities</b>	Confidence, Presence. Power, Grounded Abundant, Providing, Open/Expansive, Loving.	Confidence, Presence. Power, Grounded Abundant, Providin. Open/Expansive, Loving	Confidence, Presence. Power, Grounded Abundant, Providing Open/Expansive	Confidence, Presence. Power, Grounded Abundant, Providing Open/Expansive

POWER ARCHETYPES	LOVERS (Relationships)	SOVEREIGNS (Mission/Business )	WARRIORS (Health, boundaries)	ALCHEMISTS (Present moment, intuition)
<b>Other Names (that you might like to 'try' on) that are similar or a variation of the Power Archetypes.</b>	The Beloved / Siren / Goddess	Commander/Ruler / Visionary / Emperor / Emporess	General/Fighter/ Gladiator/ Warrior Woman / Hero / Heroine / Goddess / Knight	Advisor/Alchemist/ Fool / Wizard / Mystic / Jester / Sage / Creator / Inventor / Hermit